A SAW POINT



There are two types of bow saw blade that are identifiable by the different design of teeth. The Peg blade (top) is designed for cutting dry wood and produces a fine saw dust. (Wear goggles on a windy day to stop this fine dust getting into your eyes). The Raker blade (bottom) is used to cut green wood. As its name implies, it rakes out lumps of material, rather than saw dust, and cuts a wider channel than the peg blade. Both blades cut dry and green wood well but you should ideally use the right blade for the job.

Our longest bow saws (30 inches) are fitted with Raker blades as they are used to fell trees. The shortest ones (21 inch triangular) that are ideal for small branches and hazel coppicing, are all fitted with Peg blades. Why is this when we are using them to cut green wood?

Lets get pushy
Tree felling done correctly should never create problems. Occasionally, a little help goes
along way. Sometimes,
a tree that is upright
may appear reluctant to

fall. One reason is that the back cut to the bird mouth is too high above the base of the mouth. (What should it be?). A tree may also sit down on the saw blade making it difficult to use. In this case, do not blame the saw blade!

Occasionally, a shove by a hand is enough. Other times we hunt around for a cut tree top with a fork at one end and use that to push the tree. This wastes time and is heavy to manage. To make life easy, I have now developed pushing poles using three part junior windsurfing masts. These are not in use in the winter but are not the property of the Green Gym.

They come with a small wooden head that you lock against the tree which can extend to three and a half metres.

As we now have four 30 inch bow saws which are best used by two persons, one each end, plus this third watching person with a pushing pole, it means twelve persons can be working in four groups of three, rotating the sawing, watching and pushing tasks. Additional persons turning up on the day can increase the group sizes,

join in the tasks, and help speed up the cutting up and clearance of the felled trees which is time consuming.

Tony

....Christmas Dinner

Venue;- Badgemore Golf Club on Tues 14 December. 7.00pm for 7.30.

3 courses each of three choices plus mince pie and coffee.

Cost £16.95 per head.

Julia will be circulating the full menu, but this is to remind you to put the date in your diaries.

The Green Gym, The Health Centre, 39 Wood Lane, Sonning Common, Reading RG49SW. Tel; 0118 972 3258 www.greengym.org.uk



THE LOPPER

Full of little cuttings.

NO.1

CHAIRMAN'S CLIPPINGS

Welcome to the first edition of the new newsletter. Thanks to Jill Kendal for editing and producing. We hope the new format will have a wider appeal and may help in publicising the group and attracting more members.

Once again the Green Gym attended Henley Show.

The task, this year was to put up a limited mobility kissing gate, which, it was hoped would attract interest and show preserve by what

It is pleasing to report that numbers are holding up with 12-15 turning up for both Thursday and Saturday sessions. We also have not had to abandon any sessions due to weather!

Notable events during the last quarter;

The opening of the visitor centre at Ewelme-see page 2.

The annual appearance of the Adonis Blue at Fiddle Hill.

The Henley Show-see this page There will be more variety from now on; we will not be excluded from flowering and nesting sites, and we will be able to fell trees again!

NEW TASKS.

Opening out footpath 4 in Hook End beyween Lower Farm and Lockmore Wood; another session at Cothill Fen; planting hedges at Tokers Green. SEASONAL EVENTS Spud roast at Aston Rowant—Dec 9 Christmas party at Badgemore— Dec 14. Best wishes to you all Jules.

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The Green Gym Health Centre 39 Wood lane Sonning Common Tel 0118 972 3258.

HENLEY SHOW

attended Henley Show. The task, this year was to put up a limited mobility kissing gate, which, it was hoped would attract interest and show passers by what GG can tackle. It proved to be a bigger job than expected. The problem was not digging the post holes-GG is hot stuff at this- it was the drilling of holes to bolt on the hinges that tested the skills! However, with Robert's advice and the practical ability of David Gordon and Ian (from Wallingford GG) the gate was eventually erected. Yes it did attract attention, firstly during the holding posts and

digging phase when the holes were a source of great interest to several young pairs of eyes aged about five years. Two or three people found the gate an ideal place to lean whilst making phone calls, and one local land owner on walking through said, "big enough isn't it, you could get a bloody cow through here". Sadly no wheelchair user came by to test the gate out, but it certainly looked very impressive and will find a permanent home quite soon in the district—no doubt skilfully erected by the Green Gym drawing on the skills learned at Henley Show.

A BEVY OF BARROWERS......



OPENING OF THE WATERCRESS BEDS CENTRE BY THE DUKE OF KENT JULY 23rd 2004

According to local tradition, a song sung by the watercress men of Ewelme in days 2005 to the New Year's of vore was called "The Watercress Queen." While strolling out one evening Down by the running stream. Where water lilies were growing, It was a lovely scene. The sight I saw was better. A damsel like a Queen; She was gathering watercresses Down by the old mill stream.

These Oxfordshire labourers, the grand unveiling of a our forbears, were obviously enraptured by the sight of this beautiful woman, the Watercress Queen; for "her hair hung down in tresses / As gently flowed the stream."

Nothing new there then.

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A royal note returned to Ewelme on Friday July 23rd for the opening of the Visitors Centre. Members of Green Gym were deployed with the Chiltern Society, in three groups in the field on the far side of the stream. This gave us plenty of time, while the Duke of Kent was being introduced to bejewelled officialdom, to brush up on appropriate etiquette and to adjust forelocks. Word came through that a single, initial "Your Royal Highness" would suffice. with "Sir" punctuating one's further remarks. Special attention will be paid in Honours List to check which of us managed this.

The day was blazing hot. the stream sparkled in the bright sunlight and the smell of new mown hay filled the air. The Chiltern Society and the Green Gym rightly felt the pride of achievement: both having being part of a major conservation venture, now rightly recognised with some razzmatazz. A royal walkabout was followed by plaque on the Visitors Centre wall. The Duke then drove himself and the Lord Lieutenant off to another engagement while the rest of us explored the inside of the Centre, holding a glass

in one hand, a plate in the other, and a sandwich in

another - as one does on such occasions.

We left Ewelme, as we always do, in high spirits. Justice had been done. years of unstinting effort had been recognised: we ask for nothing more. As a soft haze crept over the watercress stream could we hear the sound of a distant song? We strained our ears and thought we heard:....

> The Watercress Queen was strong in limb But her muscles began to ache The doctor prescribed the Green Gvm But she joined for Diane's cake!

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THE RELUCTANT LEADER

You might think that after leading over 100 Green Gym sessions over the past five years that I would now be more laid back and under control- think again! For a true trouble magnet like myself, dealing with hostile natives, or, (after a full briefing session) watching helplessly while an over enthusiastic volunteer cuts down the one tree the client had asked should be left, sometimes leaves me somewhat nervous and wishing that I had eves in the back of my head.

With the tree felling season upon us, PLEASE take a few minutes to read Tony's excellent article in the April newsletter before you put saw to tree. (Not forgetting the sequel on page four of this edition)

I am sure there are spare copies available if you have not seen it.

Meanwhile I am applying for my "Excused Leading Tree Felling Sessions" chit. My nerves are not up to it. There are Leader and Coleader vacancies available. Please hurry up and apply. Put your diplomatic and sprinting skills to the test.....

Remember you don't have to be mad to become a Green Gym Leader but in my case it has certainly helped!

Robert (who else but).

PENNY POND

Backs were broken and much mud moved on what was a beautiful July day. We left a dry mud site and a week later the rains came and it all filled up....most satisfactory!



Scene:- the water meadows on a hot summers day; the .workers raking hay and wearing a varied assortment of headgear Comment overheard-"Very Hardy-esque"

STOP PRESS- Recently Mike Mac & Gill V spent an exhausting hour on a lovely day at Ewelme posing for a professional photographer for a photo to grace English Heritage's Annual Report.Mike has now received his copy of THE photo. His comments were fairly unrepeatable! It was felt that it was unflattering, both of him, Gill and the beautiful setting.

FIRST AID In compliance with Health and Safety, the contents of the First Aid Box are limited. Green Gym members are free to use the contents but it must be pointed out that anything used is your personal responsibility regarding reactions to the contents. FINAL NOTE. Please remember to have any personal medication with you at all times.

Ewelme. A Day to Remember.

